

TIBITS ▶

The fresh, organic vegetarian food might be international, but there is a distinct sense of Swiss orderliness about Tibits, which first opened in Zurich in 2000. Dishes are presented in a central 'food boat' and diners help themselves before paying according to the weight of each full plate. What could be a shambles, with unpractised buffet-goers over-piling their plates, fighting for the last falafel, forgetting to pay, or falling over each other to bag a table, is in fact calm, casual and amazingly well-ordered. Like clockwork, you might say... The chic, modern restaurant is open for breakfast, lunch and dinner, and there's a great array of meat-free hot and cold dishes, and an enticing

**REGENT STREET**

cocktail menu all made with freshly squeezed juices. A second branch has recently opened at Westfield, so, with any luck, this healthy Swiss import is here to stay. ■ LJ

Tibits, 12-14 Heddon Street, W1, (020) 7758 4110 www.tibits.co.uk

Local reviewers: Emma Parfitt; Lotte Jeffs; Laura Tennant