

## Restaurant reviews



### **Tibits** Regent Street, London

We have just found our new favourite vegetarian restaurant. Situated in a quiet little square just off the bustle of London's Regent St, Tibits is a true find. With a bright vibrant restaurant interior and a philosophy that by using fresh seasonal ingredients of the highest quality the food you love actually loves you back, you just can't help feeling a little virtuous about eating there.

The restaurant set up is self serve buffet style and with over 40 dishes to choose from ranging from quinoa salads, falafel to vegetable quiches which are refreshed frequently there is something to suit everyone.

The food is sold by weight, which is quite a quirky twist! Your filled buffet plate is weighed at the till and priced accordingly - especially great value for those with a lighter appetite! Tibits was certainly not short of diners with a pleasant relaxed atmosphere for a Sunday afternoon, dishes are also available to take away as a number of customers seemed to be doing for entertaining of their own.

We enjoyed everything about Tibits from the accommodating staff, the pleasant contemporary atmosphere to the fresh flavours of the delicious food. We would definitely recommend a visit!