

SWISS BOUTIQUE RESTAURANT TIBITS recently hosted a party for Mayfair PAs to introduce them to the arrival in Heddon Street of its healthy eating concept.

Guests were invited to sample delicious dishes inspired by flavours from around the world and made with wholesome ingredients. Celebrated nutritionist Yvonne Bishop-Weston from Foods for Life was on hand to offer expert advice.

Everyone had the opportunity to enter a prize draw on the evening to win a beautiful Ollie & Nic handbag, a luxury Ole Henriksen facial at The Beauty Lounge and a champagne lunch for two at Tibits.



TIBITS OWNER RETO FREI AND NUTRITIONIST YVONNE BISHOP-WESTON



PRIZE-WINNER CAROLYN JOST AND RETO FREI

OLIVER ROWE FROM BDA AND DONNA COULLING, PA TO HELENA BONHAM-CARTER AND SIR DEREK JACOBI



RETO FREI AND ANINA SMITH FROM TIBITS

Healthy meeting