

Shop

tibits **gift vouchers** are available at the bar in £10 and £20 denominations, as well as a selection of books, teas and special products such as our famous Dried Beans.

Aperitifs

Our fine assortment of antipasti, snacks and dips from the food boat, will make a perfect accompaniment to your aperitif

Kir Prosecco Prosecco with cassis syrup	5.30 /15cl
Kir Blanc House White with cassis syrup	4.30 /17.5cl
Bellini Prosecco Prosecco with peach and passion fruit syrup	5.30 /15cl
White Wine Spritzer House White and mineral water or Sprite	4.10 /17.5cl
Crisps	
Assorted Tyrrells crisps	1.00

Cocktails

Exotic and exciting, made with our very own freshly squeezed fruit juices

Apple & Cucumber Mojito 4cl Havana Club rum 37.5%, fresh cucumber, crushed mint, Fitness juice and soda water	8.50
Bloody Mary 4cl Stolichnaya vodka 40%, tomato juice, lemon juice, Tabasco, celery salt and black pepper	8.50
Classic Caipirinha 4cl Cachaça 40%, lemon syrup and lime	8.00
Caipiroska 4cl Stolichnaya vodka 40%, lemon and cassis syrup, and lime	8.00
Grand Orange 4cl Cachaça 40%, lemon syrup, orange and carrot juice	8.00
Indian Summer 4cl Malibu 21%, chopped coriander, Mango Lassi	8.00

Mojito 4cl Havana Club rum 37.5%, lemon syrup, crushed mint, crushed lime and soda water	8.50
Moscow Mule 4cl Stolichnaya vodka 40%, fresh ginger, crushed lime and soda water	8.50
Pimm's & Lemonade 4cl Pimm's 25% with Sprite, fresh fruit, peppermint and lime	6.00
Southern Ice Tea 2cl Southern Comfort 35%, 2cl Jack Daniel's 40%, fresh lime juice, lemon syrup and homemade tibits Classic Ice Tea	8.00
Tequila Sunrise 4cl Tequila 38%, orange juice and raspberry/lemon balm syrup	8.00
Tutti Frutti Daiquiri 4cl Havana Club rum 37.5%, Tutti Frutti juice and cassis syrup	8.50
WooVit 2cl vodka, 2cl Archers, topped with tibits orange juice and tibits blackcurrant juice	8.00
Non-alcoholic	
Passionata 2cl lemon and peach-passion fruit syrup, lime, fresh mint and mineral water	4.60
Virgin Mary Tomato juice, lemon juice, Tabasco, celery salt and black pepper	4.60

Spirits & Liqueurs

Choose from our house spirits and create your own drink	2.5cl	5cl
Amaretto di Saronno 28%	3.30	5.90
Baileys Irish Cream 17%	-	4.70
Balvenie DoubleWood Single Malt Whisky 40%	3.60	6.40
Cachaça 40%	3.30	5.90
Campari 25%	-	4.70
Captain Morgan Rum 40%	2.70	4.70
Courvoisier Brandy 40%	3.60	6.40
Grappa della Frasca 50%	3.60	6.40
Havana Club Rum 37.5%	3.60	6.40
Jack Daniel's Whiskey 40%	3.60	6.40
Jameson Irish Whiskey 40%	3.30	5.90
José Cuervo Tequila 38%	3.30	5.90

Juniper Green, Organic London Dry Gin 37.5%	2.70	4.70
Malibu 21%	2.70	4.70
Martini Rosso 15%	-	4.70
Peach Schnapps 18%	2.70	4.70
Sambuca Luxardo 38%	3.30	5.90
Southern Comfort 35%	3.30	5.90
Stolichnaya Vodka 40%	3.60	6.40

Mixers

To accompany your spirits and liqueurs

Pop Mixer Lemonade (Sprite), Soda water, Coke, Diet Coke, Tonic water	1.00
Syrup Mixer Fresh lemon syrup, fresh ginger syrup, blackcurrant syrup, fresh blackcurrant juice, peach and passion fruit syrup, raspberry syrup	1.00
Fresh Juice Mixer Orange, Carrot, Fitness (apple, fennel, lemon), Red Fitness (apple, fennel, lemon, blackcurrant), Tutti Frutti (apple, orange, pear, kiwi, banana, sea buckthorn)	1.50

If you require help in choosing your drink, please feel free to ask us for suggestions

Wine

Red Wine	17.5cl Glass	25cl Glass	75cl Bottle
Refosco Merlot Italy, medium bodied, herby nose, dry, 12%	4.10	5.50	15.10
Fortant Cabernet Sauvignon France, rich and velvety, 13%	4.90	6.90	17.40
Montepulciano d 'Abruzzo, Zonin, Italy Elegant full flavour, delicate red fruit bouquet, 12.5%	5.20	7.40	19.80
Navarra Abril de Azul y Garanza, Spain (V) Bursting with raspberry and strawberry, 13.5%	-	-	22.70
Rosé Wine			
Les Terrasses Grenache Syrah France Bright, light with fruity flavours, 12.5%	4.30	5.90	15.90

White Wine	17.5cl Glass	25cl Glass	75cl Bottle
Tierra Sauvignon Blanc (V) Chile, fresh and zesty, strong varietal herbaceous character, 11%	4.10	5.50	15.10
La Campagne Viognier (V) France, classic peachy-apricot flavour, 12.5%	4.90	6.90	17.40
Pinot Grigio Zonin Italy, delicately fruity, lightly dry, 12%	5.20	7.40	19.80
Mâcon-Lugny Montvallon (V) France, Chardonnay, intrinsic powerful style, 13%	-	-	22.70

Champagne & Prosecco	15cl Glass	75cl Bottle
Prosecco Brut Borgo San Leo An elegant yet very aromatic dry sparkling wine, 11%	5.00	24.20
Champagne Lanson Brut Black Label (V) France, very crisp and lemony, smooth texture, 12.5%	-	47.70

Corkage fee

Please feel free to Bring Your Own Bottle (BYOB). Wine corkage costs £12 per bottle and champagne corkage costs £20 per bottle

Beers & Organic Cider

Hand crafted English lager from the Freedom Brewery in Staffordshire	25cl Glass	56.8cl Pint
Freedom Organic Lager 4.8%	2.30	4.20
Freedom Organic Dark Lager 4.7%	2.30	4.20
Wyld Wood Organic Classic Cider 6.5% 500ml Westons, matured in old oak vats, refreshing well balanced taste		4.20
Bottled beers from around the world (330ml)		
Corona 4.6% (Mexico)	3.90	
Hoegaarden 4.9% (Belgium)	3.90	
Budvar 5% (Czech Republic)	3.90	
Old Speckled Hen 5.2% (England)	3.90	
Becks 5% 275ml (Germany)	3.60	

V= Vegan

We'll love you...

...early in the morning



tibits

Food that loves you back

SERVICE AT THE BAR/COUNTER
RESERVATIONS TAKEN FOR GROUPS OF 8 OR MORE

Food that loves you back

Everybody loves food. However, certain types of food really love you back! Food so fresh and created with the sole purpose of making you feel great. Well, that's exactly the kind of food that we specialise in at tibits - the very finest, supremely healthy, mouth-watering food that really does love you back.

Made with love

Here at tibits, it's all about enjoyment. Every product we develop first has to satisfy our own demanding criteria in terms of freshness and flavour. And our salads and sandwiches are freshly prepared several times a day, not to mention our delicious fruit juices.

Using seasonal produce is one of our most important principles. A large part of our range is based on seasonal ingredients, which means we can buy in our raw materials at the peak of ripeness from both domestic and European producers.

And our association with the Zurich-based Hiltl – you'll find them in the Guinness Book of Records as Europe's oldest vegetarian restaurant – allows us to draw on over 100 years of culinary experience.

We continuously aim to improve each and every day in our never ending quest for absolute perfection and freshness. Please feel free to offer us your comments.

i'll never stop looking for new ways to love you



Introducing the food boat (or should that be love boat?)

Take a plate and head to our unique food boat. There's no queue, so just dive in where you like, and choose from over 40 delicious dishes. Each is lovingly crafted with carefully sourced, seasonal GM-free ingredients, with the very best of Asian, Indian and Mediterranean influences. And we refresh every dish regularly to keep it all as fresh as possible. We guarantee you'll love it. And of course, it'll love you right back.

Breakfast

Served from 9-11.30am

Breakfast buffet	1.70 /100 g
Includes original Swiss Bircher muesli, fresh fruit, assorted breads, dried cranberries, various cereals and yoghurt	
Croissant	1.30
Almond croissant	1.80

Delicious lunches & dinners

Cold lunches served all day

Hot meals served weekdays from 11.30am till close and from 12 noon on Sunday

Food boat – create your own unique meal	Lunch	2.10 /100 g
Includes over 40 delicious, healthy dishes that will leave you feeling incredible		
Homemade Sandwiches		3.30
Created fresh throughout the day. Varied seasonal offers available at the bar/counter		
Soup & Bread		3.50
Soup of the day served with your choice of bread roll		

Sweets & Ice Cream

Fruit and Desserts	Lunch	2.10 /100 g
Fresh fruits and delicious puddings from the food boat		
	Dinner	2.30 /100 g

A selection of cakes, pastries and ice cream on display at the bar

Tea

Hot Ginger	2.40
Homemade with lemon, ginger and raw cane sugar	
Indian Chai	2.70
Organic, spiced tea with milk	
Jasmine Tea	2.80
Green tea ball	
Gunpowder supreme	2.00
Whole leaf green tea in a bag	
English Breakfast	2.00
Exquisite blend of India's finest Assam and Darjeeling teas, with long, golden tips, beautiful leaves and an empowering aroma	
Earl Grey Tea	2.00
Distinctive bergamot flavour and aroma	
Fresh mint leaves	2.40
With spearmint leaves	
Rooibos	2.00
Traditional South African drink that has the flavour of tea, but is caffeine free	
Chamomile Tea	2.00
A refreshing infusion, valued for its soothing and calming properties	

Coffee & Chocolate specialities

Caffè Moka Efti, Milan, also available to go, with organic cow's milk or plant based milk

Espresso	1.60
Espresso Macchiato	1.70
Ristretto	1.60
Served Roman style – in a glass	
Double Espresso	2.10
Coffee black or white	2.00
tibits style – long extract with special ground beans	
Flat White	2.00
Cappuccino	small 2.10 large 2.40
Latte	2.40
Espresso topped with steamed milk	
Choice of syrups	0.20
Hazelnut, Vanilla, Amaretto or Caramel	
Corretto Grappa	2.90
Espresso with Grappa della Frasca 50%	
Mocha	2.80
Chocolate with double Espresso	
Chocolate hot/cold	2.60
With pure cacao and milk	
Caffé freddo	2.40
Espresso with cold milk, lightly sweetened, served in a glass	
Babycino	for kids
For our youngest guests – a bubbly cup of warm milky froth topped with yummy chocolate powder	

Fresh fruit juices

Freshly squeezed every day in our own juicer

Orange or Carrot	3.00
Mexicano	3.00
Orange and carrot	
Vitamin	3.20
Orange and blackcurrant	
Tutti Frutti	3.40
Orange, apple, pear, kiwi, banana and sea buckthorn syrup	
Fitness	3.40
Apple, fennel and lemon	
Red Fitness	3.40
Apple, fennel, lemon and blackcurrant	
Ginger-Carrot-Apple	3.40
Apple, fennel, ginger, carrot and lemon	
Juice special	3.40

Mineral water & soft drinks

	25cl Glass	50cl Bottle
Mango Lassi	3.10	
With organic yoghurt, mango, maple syrup and garam masala		
Ginger Lemonade	2.40	
With raw cane sugar and mineral water		
Seasonal Lemonade	2.40	
Classic Ice Tea	2.30	2.80
White tea, hibiscus, elderberry, maple syrup, oranges and raw cane sugar		
Hildon Water	1.90	
Still/sparkling		
London Table Water	1.00	
Still/sparkling water purified on the premises		
Sprite	2.50	
Schweppes Tonic Water	2.50	
Coca-Cola/Diet Coke	2.50	
Syrup	for kids	
Raspberry, blackcurrant or peach & passion fruit		

We'll pick you up when you're feeling blue



We'll love you...

...all night long



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